

## HELP IN HARD TIMES

The speed and severity of the financial and economic recession is threatening many people in the country, including some in our community and parish. In an attempt to provide one source of assistance, the MQH Peace and Justice Committee has developed a list of organizations that provide a wide variety of help to those in need. Copies of the list are available for use not only for parishioners, but also for passing on to those you know who are facing difficulties. Please do not hesitate to avail yourself of these sources of assistance.

<b>Access DuPage</b> Free medical & psychological services	(630) 510-8720
<b>Alcoholics Anonymous</b> (Elmhurst)	(630) 833-7897
<b>AllKids</b> Free health insurance for children & families	(630) 682-7979 ext. 7676
<b>Bridge Communities</b> (housing)	(630) 545-0610
<b>Catholic Charities</b> Housing, general assistance, parenting classes & counseling	(630) 495-8008
<b>Community Clinic</b> Free medical and dental care in Wheaton & Villa Park	(630) 682-0639
<b>Consumer Credit Counseling</b>	1(800) 388-2227
<b>Cornerstone Family Health</b> (Hinsdale) Basic medical, dental insurance discounts for kids on Public aid	(630) 734-0580
<b>DuPage County Community Services</b> Human, Psychological and Senior services. Family Center	(630) 407-6500
<b>DuPage County Health Dept.</b>	(630) 620-3350
<b>DuPage County Info &amp; Referrals</b> For all needs	1(800) 942-9412
York Township	(630) 620-2400
Addison Township	(630) 530-8161
Addison Switchboard	(630) 628-2698
Proviso Township	(630) 344-7432 (Cook Co.)
<b>DuPage Home Ownership Program</b> Programs for buying a home on a low income or to Avoid foreclosure	(630) 260-2500
<b>Elmhurst Clothing Closets</b> St. Peter's Methodist Church	(630) 530-6000 (630) 834-2440
<b>Elmhurst Walk-In Ministry</b> Emergency Assistance for residents or church members in Elmhurst	(630) 782-6006
<b>Family Shelter Service</b> Domestic abuse	(630) 469-5650
<b>Hamdard Center</b> Domestic violence/abuse of women & children	(866) 305-3933
<b>Illinois Dept. of Public Aid</b>	(630) 530-1120
<b>Illinois Employment Training Ctr.</b>	(630) 495-4345
<b>Legal Aid</b>	(630) 653-6212

<b>L.I.H.E.A.P.</b> For utility assistance York Township Addison Township	1(800) 942-9412 (630) 620-2400 (630) 530-8161
<b>Lombard, Villa Park Walk-In Ministry</b>	(630) 693-0185
<b>LOVE Christian Clearinghouse</b> General assistance if referred by church in DuPage Co.	(630) 512-8665
<b>Marion Park &amp; Assisi Homes</b> (Wheaton) Subsidized housing for low income persons, families and Seniors	(630) 665-9100
<b>Metropolitan Family Services</b> Counseling for individuals and families	(630) 682-1802
<b>P.A.D.S.</b> Emergency nightly shelter and day site	(630) 682-3846
<b>People's Resource Center</b> Food pantry, medical & dental clinic, literacy tutoring, Computer Training, rental assistance for PRC clients	(630) 682-5412
<b>Poised for Success</b> Women's work clothing and accessories	(630) 691-1455
<b>Prairie State Legal</b>	(630) 690-2130
<b>Salvation Army</b>	(630) 629-4948
<b>Serenity House</b> Treatment facility	(630) 620-6616
<b>St. Vincent de Paul Society at Mary Queen of Heaven Church in Elmhurst</b>	(630) 279-5700
<b>State of Illinois</b> Official website for the State of Illinois. State links include: Living, Health & Wellness, Working, Learning, Business, Government and Help	www.illinois.gov
<b>Veteran's Assistance, DuPage Co.</b> Emergency assistance for Veterans only	(630) 407-5655
<b>W.I.C.</b> Nutritional education program, coupons for food for Women and children	(630) 682-7979
<b>West Suburban Job Seekers Club</b>	(630) 833-6664
<b>Woman's Choice Services</b> Pregnancy intervention and support. Post abortion Counseling And services	(630) 261-9564
<b>Work Net DuPage Career Center</b>	(630) 495-4345