

Christ Renews His Parish (CRHP)

On *January 21-22, 2017* we will have our seventh **Christ Renews His Parish spiritual renewal weekend for the women**. For questions or information on how to register, please contact **Karen Sutkus at 630-935-1153 or ksutkus1@comcast.net or Renee Rodriguez (Lay Director) at 630-247-7623 or reneemrja@aol.com** Below are answers to some frequently asked questions.

- **What is CRHP?**

Christ Renews His Parish is a spiritual renewal weekend designed to help individuals grow in their personal relationship with Jesus Christ and with others in the faith community of Mary Queen of Heaven. CRHP originally started in 1969. It was recommended by the renewal office of the U.S. Conference of Catholic Bishops as the primary instrument of personal and parish renewal for Catholic parishes in the U.S. and Italy.

- **What happens during the weekend?**

During the weekend you will listen to a number of your fellow parishioners who have volunteered to give a personal witness to the power of Jesus Christ in their lives. There will be readings of scripture, time for prayer, and time set aside for personal reflection.

- **Will I have to get up and talk?**

Other than a brief introduction you will not have to get up and talk in front of others unless you want to. The weekend is structured around talks given by previous CRHP participants. Group discussion and activities take place after each talk. Weekend participants are usually broken up into tables of 5-6 people. Most in-depth discussion takes place among your own table. You are free to share as much or as little as you are comfortable with. All conversations and experiences are confidential.

- **Who may attend?**

CRHP is open to all adults, age 18 and older. It is for anyone seeking spiritual renewal. You do not have to be spiritual to attend the weekend. In fact, many people attend because they are not as spiritual as they would like. Many attend because they feel something is missing from their lives.

- **What about sacraments?**

Sacraments are an integral part of the weekend. There will be an opportunity for reconciliation and we will go to 4:30 Mass as a group. Then, the weekend will conclude with a private service on Sunday.

- **When and where to these weekends take place?**

One weekend for women (**January 21-22, 2017**) and one weekend for men (**TBD in 2018**) will take place in our parish school. The weekend will begin at 8:00 am on Saturday and continue until approximately 4:00 pm. Sunday.

- **Where do I sleep?**

Sleeping accommodations are in the parish school. You are asked to bring your own sleeping bag, pillow, or other bedding along with your own towel, soap and other toiletries that you may need. Cots will be provided. Even though it is highly recommended you spend the night, **IF YOU NEED TO SLEEP AT HOME IT IS NOT MANDATORY TO SPEND THE NIGHT.**

- **What about meals?**

You will be pampered with great meals while on the weekend. There are also regular breaks for coffee, soft drinks, and snacks. If you have a special diet please let us know when you register so we will be able to provide for your needs. There will be plenty of good, nutritious foods on this weekend.

- **What types of clothes do I bring for this weekend?**

Casual and comfortable clothing is appropriate for the weekend (especially with waistbands that expand – you will eat well!). Since it might be cold out, it is recommended you bring warm clothes that you can layer.

- **Can I afford the cost of the weekend?**

There is a suggested donation of \$25 per person but if you cannot afford it, please do not let it be a factor in experiencing this life changing weekend.

- **What about you?**

If you've read this far you must be at least a little bit interested. It's a great opportunity for developing meaningful and lasting relationships. Say a prayer. Ask God what you should do. And then step back and be open to the power of the Holy Spirit. I think He wants you here don't you?