

MQH 2010 LENTEN SCHEDULE AND REGULATIONS



ASH WEDNESDAY SCHEDULE

Wednesday February 17, 2010	
Mass with Distribution of Ashes	8:30 AM 7:00 PM
Service with Distribution of Ashes	12 NOON 4:00 PM
Mass at Elmhurst College Chapel with Bishop Sartain	12 NOON

LENTEN REGULATIONS

1. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent (excluding the Solemnity of St. Joseph per Canon 1251).
2. Everyone 18 years of age and under 59 years of age is bound to fast on Ash Wednesday and Good Friday.
3. On these two days of fast and abstinence, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices are allowed. When health or ability to work would be seriously affected, the law does not oblige.
4. To disregard completely the law of fast and abstinence is seriously sinful.
5. Lent is the principal season of penance in the Christian year. All of the faithful are strongly urged to develop and follow a program of voluntary self-denial (in addition to following the Lenten regulations), serious prayer, and a performance of works of charity and mercy.

PARISH LENTEN SCHEDULE



Stations of the Cross
Friday evenings at 7 p.m.

Friday, March 12
Children's Living Stations
at 7:00 p.m.

Parish Mission with Fr. Tony
Sunday, February 28 at 7:00 pm
Monday, March 1 - Reconciliation at 7:00 pm
Tuesday, March 2 - Mass at 7:00 pm

Reconciliation for R.E. children
Wednesday, March 3

Holy Thursday
Thursday, April 1
Mass of the Lord's Supper
at 7:00 p.m.



Good Friday
Friday, April 2
Stations of the Cross at 3:00 p.m.
Good Friday Service at 7:00 p.m.

Holy Saturday
Saturday, April 3
Blessing of Easter Baskets at 11 a.m. in Church
Solemn Easter Vigil at 7:30 p.m.



Easter Sunday
Sunday, April 4
Masses:
8:30 AM
10:30 AM
12:00 NOON